



Bondi

# FRESH CUT CATALOGUE



## WHY FRESH-CUT?

Our fresh-cut program delivers washed, ready-to-eat product that's 100% usable and naturally prepared with no preservatives.

Enjoy consistent sizing, reliable year-round yield, reduced labour and waste costs, smaller storage requirements, and improved shelf life—bringing speed, efficiency, and precision to your kitchen.

## HOW TO ORDER

You can order directly through our ordering site. You can expect between **24-48 hour lead time** on all of our fresh-cut products.



# The Produce Counter

The Produce Counter is Bondi's fresh-cut sister company, built to support chefs with consistent, cut-to-order solutions. From diced onions to custom blends, our team processes product with precision and care using the same high-grade produce you trust from Bondi.

By delivering uniform cuts and reliable blends, we help ensure consistency in every dish. Our fresh-cut solutions save valuable prep time, reduce back-of-house labour, and are processed in a controlled environment to maintain the highest food safety standards.

It's convenience, efficiency, and consistency — backed by quality.

# SUMMARY

SINGLE COMMODITY  
VEGETABLE BLENDS  
FRUIT BLENDS





# SINGLE COMMODITY

- SINGLE COMMODITY VEGETABLES
- SINGLE COMMODITY FRUITS



## PRECISION CUTS, EVERY TIME.

From hearty 1-inch cubes to fine slices, our fresh-cut program offers a full range of standardized cuts designed for speed, consistency, and zero prep waste.

Whether you need large dices for roasting, uniform  $\frac{3}{4}$ - $\frac{1}{2}$  inch cubes for soups and sautés, or fine  $\frac{1}{4}$ - $\frac{1}{8}$  inch slices for garnishes and quick cooking applications, every cut is crafted for even cooking, perfect texture, and reliable, year round performance.

## VEGETABLES • AVOCADO



**10943**

Avocado chunks  
6/2lb  
Shelf Life:



## VEGETABLES • BEANS



**8380**

Green beans, snapped  
2/5lb  
Shelf Life: 6 days



**3480**

Green beans, snapped  
2/5lb  
Shelf Life: 6 days



**8585**

Green beans, cut 1"  
2/5lb  
Shelf Life: 6 days

## VEGETABLES • BEETS



**8253**

Gold beet spirals  
5lb  
Shelf Life: 6 days



**4954**

Gold beets diced, 3/4"  
2/5lb  
Shelf Life: 2 days



**10987**

Gold beets diced, 3/4"  
5lb  
Shelf Life: 4 days



**10260**

Gold beets, whole + peeled  
10lb  
Shelf Life: 6 days



**4890**

Red beets diced, 1"  
2/5lb  
Shelf Life: 6 days



**4700**

Red beets diced, 3/4"  
5lb  
Shelf Life: 6 days



**9126**

Red beets, whole + peeled  
10lb  
Shelf Life: 6 days



**4270**

Red beets, shredded  
2/5/lb  
Shelf Life: 6 days

## VEGETABLES • BEETS



**4355**

Red beets, shredded  
5lb  
Shelf Life: 6 days



**8117**

Red beets, shredded  
2lb  
Shelf Life: 6 days



**4791**

Red beets, spirals  
5lb  
Shelf Life: 6 days



**5698**

Red beets, peeled + sous vide  
12/500g  
Shelf Life: 6 days



**6439**

Red beets, peeled + sous vide  
5/2.5kg  
Shelf Life: 6 days



**4941**

Striped beets, diced 1"  
2/5lb  
Shelf Life: 6 days



**10988**

Striped beets, diced 3/4"  
5lb  
Shelf Life: 6 days



**10690**

Striped beets, peeled  
10lb  
Shelf Life: 6 days

VEGETABLES • *BEETS***8252**

Striped beets, spirals  
5lb  
Shelf Life: 6 days

VEGETABLES • *BROCCOLI***4046**

Broccoli, florets  
2/5lb  
Shelf Life: 10 days

**7943**

Broccoli, florets  
5lb  
Shelf Life: 10 days

**8229**

Broccoli, riced  
2/5lb  
Shelf Life: 6 days

**VEGETABLES** • *BRUSSELS SPROUTS***9147**

Brussels sprouts, halved  
2/5lb  
Shelf Life: 10 days

**9148**

Brussels sprouts, halved  
5lb  
Shelf Life: 10 days

**4303**

Brussels sprouts, shredded  
2/5lb  
Shelf Life: 6 days

**5320**

Brussels sprouts, shredded  
5lb  
Shelf Life: 6 days

**VEGETABLES** • *CABBAGE***TBD**

Green, diced 1/2"  
2/5lb  
Shelf Life: 10 days

**4111**

Green, diced 1/4"  
2/5lb  
Shelf Life: 10 days

**12158**

Green, shredded 1/8"  
2/5lb  
Shelf Life: 6 days

**4114**

Green, shredded 1/8"  
5lb  
Shelf Life: 6 days

## VEGETABLES • CABBAGE



**5872**

Green, shredded  $\frac{1}{16}$ "  
2/5lb  
Shelf Life: 6 days



**12159**

Green, shredded  $\frac{1}{16}$ "  
5lb  
Shelf Life: 6 days



**4296**

Napa, shredded  $\frac{1}{8}$ "  
2/5lb  
Shelf Life: 8 days



**TBD**

Red, diced  $\frac{1}{2}$ "  
2/5lb  
Shelf Life: 6 days



**4843**

Red, shredded  $\frac{1}{8}$ "  
4/5lb  
Shelf Life: 6 days



**4115**

Red, shredded  $\frac{1}{8}$ "  
5lb  
Shelf Life: 6 days



**7747**

Red, shredded  $\frac{1}{16}$ "  
2/5lb  
Shelf Life: 7 days



**7894**

Red, shredded  $\frac{1}{16}$ "  
5lb  
Shelf Life: 7 days

## VEGETABLES • CARROTS



**4784**

Carrot, coins  
2/5lb  
Shelf Life: 6 days



**5479**

Carrot, diced ¼"  
2/5lb  
Shelf Life: 8 days



**3924**

Carrot, diced ¼"  
2/5lb  
Shelf Life: 8 days



**3492**

Carrots, peeled  
22lb  
Shelf Life: 10 days



**3497**

Carrots, shredded  
4/5lb  
Shelf Life: 8 days



**4246**

Carrots, shredded  
5lb  
Shelf Life: 8 days



**4879**

Carrots, spirals  
5lb  
Shelf Life: 6 days



**9210**

Carrots, sticks 3"  
5lb pail  
Shelf Life: 8 days

**VEGETABLES • CAULIFLOWER****3499**

Cauliflower, florets  
2/5lb  
Shelf Life: 8 days

**11190**

Cauliflower, florets  
4/275g  
Shelf Life: 8 days

**8392**

Cauliflower, rice 1/8"  
2/5lb  
Shelf Life: 6 days

**VEGETABLES • CELERY****5478**

Celery, diced 1/4"  
2/5lb  
Shelf Life: 10 days

**4380**

Celery, diced 1/4"  
5lb  
Shelf Life: 10 days

**9248**

Celery, sticks 3"  
5lb pail  
Shelf Life: 10 days



**VEGETABLES** • *CUCUMBER***9262**

Cucumber, diced ¼"  
2/5lb  
Shelf Life: 6 days

**4382**

Cucumber, diced ¼"  
5lb  
Shelf Life: 6 days

**11024**

Cucumber, half coins  
2/5lb  
Shelf Life: 6 days

**VEGETABLES** • *EGGPLANT***5507**

Eggplant, diced 1"  
2/5lb  
Shelf Life: 5 days

**9267**

Eggplant, slices 5mm  
2/5lb  
Shelf Life: 3 days

**VEGETABLES** • *GINGER ROOT***4482**

Ginger root, peeled  
5lb  
Shelf Life: 8 days

**VEGETABLES • KALE****2599**

Green kale, shredded 1/8"  
4/1lb  
Shelf Life: 8 days

**5750**

Green kale, shredded 1/8"  
1lb  
Shelf Life: 8 days

**4346**

Green kale, chopped 1/2" no stem  
4/5lb  
Shelf Life: 10 days

**4117**

Black kale, shredded 1/8"  
4/1.5lb  
Shelf Life: 8 days

**VEGETABLES • COLLARDS****4556**

Collard greens, shredded  
4/1lb  
Shelf Life: 8 days



## VEGETABLES • LETTUCES



**3244**

Iceberg, chopped with colour  
4/5lb  
Shelf Life: 10 days



**3245**

Iceberg, shredded 1/8"  
4/5lb  
Shelf Life: 10 days



**3246**

Iceberg, shredded 1/4"  
4/5lb  
Shelf Life: 10 days



**3247**

Romaine, chopped  
6/2lb  
Shelf Life: 7 days



**5089**

Romaine, chopped  
2lb  
Shelf Life: 10 days



**VEGETABLES** • *LEEKS***12165**

Leeks, diced ¼"  
2/5lb  
Shelf Life: 7 days

**4790**

Leeks, diced ¼"  
5lb  
Shelf Life: 7 days

**4293**

Portobello, sliced  
5lb  
Shelf Life: 7 days

**2794**

White, sliced  
5lb  
Shelf Life: 9 days

**2761**

Brown, sliced  
5lb  
Shelf Life: 9 days

**VEGETABLES** • *MUSHROOMS***3907**

Chef's mix  
3lb  
Shelf Life: 2 days

**5397**

Shiitake, sliced  
3lb  
Shelf Life: 7 days

## VEGETABLES • ONIONS



**8123**

Green onions, sliced ¼"  
5/2lb  
Shelf Life: 5 days



**8177**

Green onions, sliced ¼"  
2lb  
Shelf Life: 6 days



**9371**

Red, diced 1"  
2/5lb  
Shelf Life: 10 days



**5122**

Red, diced 1"  
5lb  
Shelf Life: 10 days



**9373**

Red, diced ½"  
2/5lb  
Shelf Life: 10 days



**8281**

Red, diced ½"  
5lb  
Shelf Life: 10 days



**5493**

Red, diced ¼"  
2/5lb  
Shelf Life: 7 days



**4102**

Red, diced ¼"  
5lb  
Shelf Life: 10 days

## VEGETABLES • ONIONS



**9378**

Red, rings 1/8"  
2/5lb  
Shelf Life: 8 days



**9377**

Red, rings 1/8"  
5lb  
Shelf Life: 8 days



**4297**

Red, sliced 1/4"  
2/5lb  
Shelf Life: 8 days



**8186**

Red, sliced 1/4"  
5lb  
Shelf Life: 8 days



**3512**

Red, sliced 1/8"  
2/5lb  
Shelf Life: 10 days



**12049**

Red, sliced 1/8"  
5lb  
Shelf Life: 10 days



**8221**

Spanish, diced 1"  
2/5lb  
Shelf Life: 10 days



**12050**

Spanish, diced 1"  
5lb  
Shelf Life: 10 days

## VEGETABLES • ONIONS



**4159**

Spanish, diced 1/4"  
2/5lb  
Shelf Life: 10 days



**8181**

Spanish, diced 1/4"  
5lb  
Shelf Life: 10 days



**9400**

Spanish, diced 1/8"  
2/5lb  
Shelf Life: 7 days



**12059**

Spanish, diced 1/8"  
5lb  
Shelf Life: 10 days



**3518**

Spanish, sliced 1/4"  
2/5lb  
Shelf Life: 6 days



**8182**

Spanish, sliced 1/4"  
5lb  
Shelf Life: 10 days



**4621**

Spanish, sliced 1/8"  
2/5lb  
Shelf Life: 10 days



**4621**

Spanish, sliced 1/8"  
5lb  
Shelf Life: 10 days

## VEGETABLES • PEPPERS



**4802**

Green, diced 1"  
2/5lb  
Shelf Life: 6 days



**12078**

Green, diced 1"  
5lb  
Shelf Life: 6 days



**5484**

Green, diced 1/2"  
2/5lb  
Shelf Life: 6 days



**7571**

Green, diced 1/2"  
5lb  
Shelf Life: 6 days



**4785**

Green, diced 1/4"  
2/5lb  
Shelf Life: 6 days



**9449**

Green, diced 1/4"  
5lb  
Shelf Life: 6 days



**12088**

Green, sliced 1/2"  
2/5lb  
Shelf Life: 6 days



**12089**

Green, sliced 1/2"  
5lb  
Shelf Life: 6 days

## VEGETABLES • PEPPERS



**8124**

Green, sliced ¼"  
2/5lb  
Shelf Life: 6 days



**5296**

Green, sliced ¼"  
5lb  
Shelf Life: 6 days



**8381**

Jalapeño, diced ¼"  
2/5lb  
Shelf Life: 6 days



**4625**

Jalapeño, diced ¼"  
5lb  
Shelf Life: 6 days



**6805**

Jalapeño, rings  
2/5lb  
Shelf Life: 6 days



**9465**

Jalapeño, rings  
5lb  
Shelf Life: 6 days



**4803**

Red, cubed 1"  
2/5lb  
Shelf Life: 6 days



**9487**

Red, cubed 1"  
5lb  
Shelf Life: 6 days

## VEGETABLES • PEPPERS



**4425**

Red, diced 1/2"  
2/5lb  
Shelf Life: 6 days



**7572**

Red, diced 1/2"  
5lb  
Shelf Life: 6 days



**8383**

Red, diced 1/4"  
2/5lb  
Shelf Life: 6 days



**4106**

Red, diced 1/4"  
5lb  
Shelf Life: 6 days



**12179**

Red, sliced 1/2"  
2/5lb  
Shelf Life: 6 days



**8071**

Red, sliced 1/2"  
5lb  
Shelf Life: 6 days



**8125**

Red, sliced 1/4"  
2/5lb  
Shelf Life: 6 days



**4208**

Red, sliced 1/4"  
5lb  
Shelf Life: 6 days

## VEGETABLES • PEPPERS



**10705**

Red, spears  
5lb  
Shelf Life: 6 days



**4813**

Yellow, diced 1"  
5lb  
Shelf Life: 6 days



**4424**

Yellow, diced 1/2"  
2/5lb  
Shelf Life: 6 days



**5495**

Yellow, diced 1/4"  
2/5lb  
Shelf Life: 6 days



**8833**

Yellow, diced 1/4"  
5lb  
Shelf Life: 6 days



**8072**

Yellow, sliced 1/2"  
5lb  
Shelf Life: 6 days



**8806**

Yellow, sliced 1/4"  
5lb  
Shelf Life: 6 days

## VEGETABLES • POTATOES



**11826**

Fries, 1/2" cut  
10kg  
Shelf Life: 10 days



**3533**

Parisienne, peeled  
10kg  
Shelf Life: 10 days



**3531**

Peeled  
10kg  
Shelf Life: 10 days



**9547**

Yukon Parisienne, peeled  
6/550g  
Shelf Life: 10 days



**3534**

Yukon, peeled  
10kg  
Shelf Life: 10 days



**10580**

Sweet potato, wedges  
6/400g  
Shelf Life: 10 days



**4443**

Yams, cubed + peeled 1"  
2/5lb  
Shelf Life: 10 days



**4551**

Yams, cubed + peeled 1/2"  
22lb  
Shelf Life: 8 days

**VEGETABLES • POTATOES****10707**

Yams, cubed + peeled ¾"  
5lb  
Shelf Life: 7 days

**4638**

Yam, fries  
22lb  
Shelf Life: 10 days

**9772**

Sweet potato, peeled  
10lb  
Shelf Life: 7 days

**9773**

Sweet potato, round scallop  
2/5lb  
Shelf Life: 7 days

**VEGETABLES • RADISHES & ROOTS****4176**

Daikon, shredded  
5lb  
Shelf Life: 8 days

**8818**

Valentine, shredded  
5lb  
Shelf Life: 8 days

**10177**

Celery root, diced 1"  
1lb  
Shelf Life: 6 days

**4717**

Parsnip, diced 1"  
2/5lb  
Shelf Life: 5 days

**VEGETABLES** • *RADISHES & ROOTS***9635**

Turnip, cubed ¾"  
5lb  
Shelf Life: 6 days

**VEGETABLES** • *SQUASH***4892**

Butternut, peeled + halved  
25lb  
Shelf Life: 7 days

**4076**

Butternut, cubed ¾"  
5lb  
Shelf Life: 7 days



**VEGETABLES** • *TOMATOES***3542**

Tomatoes, diced 1/4"  
2/5lb  
Shelf Life: 8 days

**8078**

Tomatoes, diced 3/8"  
2/5lb  
Shelf Life: 8 days

**3620**

Tomatoes, sliced 5x6  
2/5lb  
Shelf Life: 8 days

**VEGETABLES** • *ZUCCHINI***8060**

Green, diced 1"  
2/5lb  
Shelf Life: 6 days

**4771**

Green, spirals  
5lb  
Shelf Life: 6 days

**9790**

Green, rounds 1/2"  
2/5lb  
Shelf Life: 6 days



## FRUITS • APPLES

**7845**

Gala, diced ½"  
2/5lb  
Shelf Life: 6 days

**14**

Red, slices  
100/2oz  
Shelf Life: 21 days

**11022**

Sliced  
2/5lb  
Shelf Life: 8 days

**3479**

Sliced  
5lb  
Shelf Life: 8 days

## FRUITS • CITRUS

**9937**

Grapefruit, zest  
lbs  
Shelf Life:

**3505**

Grapefruit, sections  
11.5lt pail  
Shelf Life: 18 days

**9322**

Grapefruit, segments  
5lb pail (dry pack)  
Shelf Life: 6 days

**9345**

Lemon, zest  
lbs  
Shelf Life: 6 days

## FRUITS • CITRUS



**8887**

Lemon, wedges  
2/5lb  
Shelf Life: 7 days



**9351**

Lime, zest  
100/2oz  
Shelf Life: 6 days



**8888**

Lime, wedges  
2/5lb  
Shelf Life: 7 days



**9436**

Orange, zest  
lbs  
Shelf Life: 6 days



**9429**

Orange, sections  
11lt pail  
Shelf Life: 18 days



**9432**

Orange, segments  
5lb pail (dry pack)  
Shelf Life: 6 days



## FRUITS • COCONUT



**9252**

Coconut, chunks  
6x 200g  
Shelf Life: 8 days



**9250**

Coconut, chunks  
10lb  
Shelf Life: 6 days

## FRUITS • MANGO



**9356**

Mango, slices  
6/340g  
Shelf Life: 6 days



**9359**

Mango, slices  
5lb pail  
Shelf Life: 6 days



## FRUITS • MELON



**9161**

Cantaloupe, bowl  
8/384g  
Shelf Life: 6 days



**9167**

Cantaloupe, chunks  
11lt pail (wet pack)  
Shelf Life: 14 days



**9164**

Cantaloupe, chunks  
5lb pail (dry pack)  
Shelf Life: 6 days



**9166**

Cantaloupe, chunks  
11lt pail (dry pack)  
Shelf Life: 6 days



**9326**

Honeydew, bowl  
8/384g  
Shelf Life: 6 days



**9330**

Honeydew, chunks  
11lt pail (wet pack)  
Shelf Life: 14 days



**9327**

Honeydew, chunks  
5lb pail (dry pack)  
Shelf Life: 6 days



**9329**

Honeydew, chunks  
11lt pail (dry pack)  
Shelf Life: 6 days

**FRUITS • MELONS****9744**

Watermelon, bowl  
8/408g  
Shelf Life: 6 days

**9747**

Watermelon  
5lb pail (dry pack)  
Shelf Life: 6 days

**FRUITS • PAPAYA****11191**

Papaya, bowl  
8/418g  
Shelf Life: 6 days



## FRUITS • PINEAPPLE



**9514**

Pineapple, bowl  
8/360g  
Shelf Life: 6 days



**9515**

Pineapple, chunks  
11lt pail (wet pack)  
Shelf Life: 18 days



**9516**

Pineapple, chunks  
5lb pail (dry pack)  
Shelf Life: 6 days



**9519**

Pineapple, chunks  
11lt pail (dry pack)  
Shelf Life: 6 days



**9525**

Pineapple, cored  
6ct  
Shelf Life: 8 days



**9517**

Pineapple, chunks (retail)  
6x425g  
Shelf Life: 6 days



**4287**

Pineapple, diced ¼"  
2/5lb  
Shelf Life: 6 days



# VEGETABLE BLENDS

- STIR FRY & SAUTE BLENDS
  - ROASTING BLENDS
- SALSAS & DICED BLENDS
  - SALAD MIXES
  - SLAWS
- RETAIL GRAB & GO

## STIR FRY & SAUTE BLENDS • STEAMER GREENS

**SKU: 4188**

Pack Size: 2/5lb  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Green Kale	33%	Sliced	2"
Swiss Chard	33%	Sliced	3"
Bok Choy	33%	Sliced	Whole Leaf, Various Sizes

## STIR FRY & SAUTE BLENDS • FAJITA BLEND

**SKU: 4188**

Pack Size: 2/5lb  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Spanish Onion	50%	Sliced	¼"
Green Pepper	25%	Sliced	¼"
Red Pepper	25%	Sliced	¼"

## STIR FRY & SAUTE BLENDS • LO MEIN BLEND

**SKU: 4189**

Pack Size: 2/5lb  
Shelf Life: 8 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Green Cabbage	40%	Shredded	1/16"
Celery	20%	Sliced	1/4"
Spanish Onion	20%	Sliced	1/4"
Carrots	20%	Shredded	1/4"

## STIR FRY & SAUTE BLENDS • STIR FRY BLEND

**SKU: 7016**

Pack Size: 2/5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Broccoli Florets	25%	Florets	1/4"
Napa Cabbage	25%	Sliced	1/4"
Red Onion	20%	Sliced	1/4"
Baby Bok Choy	20%	Sliced	1-1.5"
Carrots	10%	Sliced	1"

## ROASTING BLENDS • CALIFORNIA BLEND

**SKU: 10097**

Pack Size: 2/5lb  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cauliflower Florets	34%	Florets	1.5"-2"
Broccoli Florets	33%	Sliced	1.5"-2"
Carrots	33%	Coins	¼"

## ROASTING BLENDS • KABOBS

**SKU: 3735**

Pack Size: 20ct  
Shelf Life: 7 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Pepper Mix (Red + Green)	30%	Diced	1"
Cremini Mushroom (Whole)	25%	Sliced	¼"
Red Onion	25%	Diced	1"
Green Zucchini	20%	Diced	1-1.5"

## ROASTING BLENDS • ROOT BLEND 3/8"

**SKU: 8122**

Pack Size: 2/5lb  
Shelf Life 7 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Celery Root	40%	Shredded	3/8"
Parsnip	20%	Sliced	3/8"
Carrots	20%	Sliced	3/8"

## ROASTING BLENDS • ROOT BLEND 1"

**SKU: 10097**

Pack Size: 2/5lb



INGREDIENTS	% OF MIX	CUT	DIMENSION
Butternut Squash	34%	Diced	1"
Parsnips	33%	Diced	1"
Carrots	33%	Diced	1"
Turnip	33%	Diced	1"

## DICED BLENDS • MIDDLE EAST MIX

**SKU: 5126**

Pack Size: 2/5lb  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Roma Tomato	33%	Diced	1/8"
Cucumber	33%	Diced	1/8"
Red Onion	34%	Diced	1/8"

## DICED BLENDS • MIREPOIX MIX

**SKU: 10097**

Pack Size: 2/5lb  
Shelf Life: 8 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
White Onion	40%	Diced	3/8"
Carrot	30%	Diced	3/8"
Celery	30%	Diced	3/8"

## DICED BLENDS • PICO DE GALLO

**SKU: 3528**

Pack Size: 2/5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Tomato (Roma or Round)	50%	Diced	¼"
Red Onion	25%	Diced	¼"
Jalapeno Pepper	25%	Diced	¼"

*\*additional ingredients: lime juice & salt*

## DICED BLENDS • PICO DE GALLO WITH APPLE

**SKU: 8600**

Pack Size: 2/5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Granny Smith Apple	44.4%	Diced	¼"
Roma Tomato	29.4%	Diced	¼"
Spanish Onion	14.4%	Diced	¼"
Jalapeno	9.4%	Diced	¼"

*\*additional ingredients: lime juice & salt*

## DICED BLENDS • PICO DE GALLO WITH PINEAPPLE

**SKU: 8712**

Pack Size: 2/5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Pineapple	44.5%	Diced	¼"
Roma Tomato	29%	Diced	¼"
Spanish Onion	15%	Diced	¼"
Jalapeno	9%	Diced	¼"

*\*additional ingredients: lime juice & salt*

## SALAD MIXES • KALE CRUNCH BLEND

**SKU: 6601**

Pack Size: 2/5lb  
Shelf Life: 12 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Broccoli Stalk	26.3%	Sliced	1/8"
Brussels Sprouts	21.9%	Sliced	1/8"
Green Cabbage	17.5%	Sliced	1/8"
Kale	13.2%	Sliced	1/2" - 1/4"
Radicchio	8.7%	Sliced	1/2" - 1/4"
Carrot	6.3%	Sliced	1/8"
Red Cabbage	6.3%	Sliced	1/8"

## SALAD MIXES • SHREDDED GREEN KALE & NAPA CABBAGE

**SKU: 5022**

Pack Size: 2/5lb  
Shelf Life: 12 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Green Kale	50%	Shredded	1/2"
Napa Cabbage	50%	Shredded	1/2"

## SALAD MIXES • KOHLRABI CRUNCH

**SKU: 8468**

Pack Size: 4/2lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Broccoli	40%	Diced	¼"
Cauliflower	20%	Diced	¼"
Kohlrabi	20%	Matchstick	¼"
Red Cabbage	10%	Diced	¼"
Carrot	10%	Matchstick	¼"

## SALAD MIXES • SHREDDED POWER GREENS

**SKU: 4733**

Pack Size: 5/2lb  
Shelf Life: 9 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Brussels Sprout	20%	Shredded	¼"
Green Kale	20%	Shredded	¼"
Fennel	10%	Shredded	¼"
Broccoli	10%	Julienned	¼"
Napa Cabbage	10%	Shredded	¼"
Red Cabbage	10%	Shredded	¼"
Black Kale	10%	Shredded	¼"
Red Kale	5%	Shredded	¼"
Radicchio	5%	Sliced	¼"

## SLAWS • BROCCOLI SLAW

**SKU: 2221**

Pack Size: 2/3lb  
Shelf Life:



INGREDIENTS	% OF MIX	CUT	DIMENSION
Broccoli Core	54%	Diced	1/8"
Carrot	30%	Diced	1/8"
Red Cabbage	26%	Diced	1/8"

## SLAWS • CARROT/DAIKON

**SKU: 7802**

Pack Size: 5lb  
Shelf Life: 8 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Carrot	50%	Matchstick	1/8"
Daikon	50%	Matchstick	1/8"

## SLAWS • COLESLAW WITH SEPARATE COLOURS

**SKU: 8768**

Pack Size: 4/5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Green Cabbage	50%	Diced	1/8"
Red Cabbage	25%	Diced	1/8"
Carrots	25%	Diced	1/8"

## SLAWS • COLESLAW WITH SEPARATE COLOURS

**SKU: 5615**

Pack Size: 5lb  
Shelf Life: 10 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Green Cabbage	50%	Diced	1/8"
Red Cabbage	25%	Diced	1/8"
Carrots	25%	Diced	1/8"

## GRAB & GO • CAESAR SALAD

**SKU: 9569**

Pack Size: 6/250g  
Shelf Life: 8 days



*\*allergens: Mustard, Egg, Fish, Dairy (milk), Gluten (wheat)*

## GRAB & GO • GREEK SALAD

**SKU: 9574**

Pack Size: 6/250g  
Shelf Life: 8 days



*\*allergens: Egg, Dairy (milk)*

INGREDIENTS	% OF MIX	CUT	DIMENSION
Romaine Heart	69%	Chopped	1.5-2"
Caesar Dressing	17%	N/A	N/A
Croutons	6%	N/A	N/A
Crumbled Bacon	4%	N/A	N/A
Parmesan Cheese	4%	N/A	N/A

INGREDIENTS	% OF MIX	CUT	DIMENSION
Romaine Heart	37%	Diced	1.5-2"
Greek Dressing	17%	N/A	N/A
Cucumber	14%	Sliced	¼"
Red Onion	13%	Sliced	¼"
Grape Tomato	13%	Whole	N/A
Feta	4%	N/A	N/A
Kalamata Olives	2%	Whole	N/A

**GRAB & GO • CARROT & CELERY MIX****SKU: 9653**Pack Size: 60/4oz  
Shelf Life: 7 days**GRAB & GO • VEGETABLE PLATTER 10"****SKU: 9732**Pack Size: 2/1.1kg  
Shelf Life: 8 days*\*allergens: Dairy (dip)***GRAB & GO • VEGETABLE PLATTER 13"****SKU: 9733**Pack Size: 2/1.8kg  
Shelf Life: 8 days*\*allergens: Dairy (dip)*



# FRUIT BLENDS

- FRUIT SALADS
- RETAIL GRAB & GO
- FRUIT TRAYS

## FRUIT SALAD • DRY PACK PAIL (WITH GRAPES)

**SKU: 8819**

Pack Size: 5lb Pail  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cantaloupe	30%	Diced	1"
Honeydew	30%	Diced	1"
Pineapple	30%	Diced	1"
Red Grape	10%	Whole	N/A

## FRUIT SALAD • DRY PACK PAIL (NO GRAPES)

**SKU: 11872**

Pack Size: 5lb Pail  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cantaloupe	50%	Diced	1/8"
Honeydew	25%	Diced	1/8"
Pineapple	25%	Diced	1/8"

## FRUIT SALAD • DELUXE

**SKU: 9301**

Pack Size: 11lt Pail  
Shelf Life: 18 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cantaloupe	30%	Diced	1"
Honeydew	30%	Diced	1"
Pineapple	30%	Diced	1"
Red Grape	3%	Whole	N/A
Orange	15%	Segments	N/A

*\*additional ingredients: Fruit preservative (Sucrose – Fructose, Sodium benzoate, Citric acid, Ascorbic acid, Potassium sorbate).*

## FRUIT SALAD • DICED 3/8"

**SKU: 9075**

Pack Size: 2/5lb  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cantaloupe	30%	Diced	3/8"
Honeydew	30%	Diced	3/8"
Pineapple	30%	Diced	3/8"
Orange	10%	Diced	3/8"

## GRAB & GO • FRUIT BOWL

**SKU: 9278**

Pack Size: 8/390g  
Shelf Life: 6 days



## GRAB & GO • TROPICAL MIX

**SKU: 9289**

Pack Size: 8/390g  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Cantaloupe	26.5%	Chunked	1-1.5"
Honeydew	26.5%	Chunked	1-1.5"
Pineapple	26.5%	Chunked	1-1.5"
Strawberry	5.5%	Sliced	N/A
Red Grape	5%	Whole	N/A
Kiwi	4%	Sliced	N/A
Raspberry, Blackberry, Blueberry	2% each	Whole	N/A

INGREDIENTS	% OF MIX	CUT	DIMENSION
Mango	90%	Chunked	1-1.5"
Blackberry	3.5%	Whole	N/A
Raspberry	2.5%	Whole	N/A
Strawberry	1.5%	Sliced	N/A
Kiwi	1.5%	Sliced	N/A
Blueberry	1%	Whole	N/A

**GRAB & GO** - STRAWBERRY KIWI CUP**SKU: 11189**Pack Size: 9/232g  
Shelf Life: 6 days

INGREDIENTS	% OF MIX	CUT	DIMENSION
Strawberry	85%	Sliced	N/A
Kiwi	15%	Sliced	N/A

**GRAB & GO** - FRUIT KEBAB 6"**SKU: 3503**Pack Size: 20ct  
Shelf Life: 6 days

INGREDIENTS	% OF MIX	CUT	DIMENSION
Pineapple	33%	Diced	1.5"
Cantaloupe	33%	Diced	1.5"
Honeydew	34%	Diced	1.5"

## GRAB & GO • FRUIT BERRY PARFAIT WITH YOGURT

**SKU: 9291**

Pack Size: 9/245g  
Shelf Life: 6 days



INGREDIENTS	% OF MIX	CUT	DIMENSION
Vanilla Yogurt	68%	N/A	N/A
Mixed Berries (Strawberries, Raspberries, Blueberries, Blackberries)	21%	Strawberries cut in small chunks, rest are whole	N/A
Granola	11%	N/A	1/8"

*\*allergens: Dairy, soy, tree nuts, wheat & gluten*

## TRAYS • PAPAYA MANGO TRAY

**SKU: 11192**

Pack Size: 8/760g  
Shelf Life: 6 days



## TRAYS • FRUIT PLATTER 10" WITH DIP

**SKU: 9294**

Pack Size: 8/760g  
Shelf Life: 6 days



*\*allergens: Dairy (dip)*

## TRAYS • FRUIT PLATTER 13" WITH DIP

**SKU: 9295**

Pack Size: 2/1.8kg  
Shelf Life: 6 days



*\*allergens: Dairy (dip)*